



Three Arrows Cooperative Society 2 Rochdale Road, Putnam Valley NY 10579

GUIDE FOR RENTERS & OTHER TEMPORARY OCCUPANTS

Updated June 16, 2020

Welcome to Three Arrows!

This booklet has been compiled to help orient you to life at Three Arrows during the summer 2020. Feel free to contact either your host or the Rental Committee (if you are renting one of the Three Arrows rental units) with all the questions that this Guide does not help you answer.

Emergency Information and Urgent Care

If you need assistance from the police, fire department, or ambulance, call 911 immediately.

Emergency medical care

Hudson Valley Hospital Center, 1980 Crompond Road Cortlandt Manor - 914-737-9000 Putnam Hospital Center, 670 Stoneleigh Avenue Carmel - 845-279-5711 Pulse-MD Urgent Care, Mohegan Lake, 3244 East Main Street, Mohegan Lake. 845-204-9258 Pulse-MD Urgent Care, 572 US-6, Mahopac, NY 10541. 845-621-3100 PhysicianOne Urgent Care, 80 US-6, Baldwin Place, NY 10505. 914-358-9612 AFC Urgent Care, 3379 Crompond Rd, Yorktown Heights, NY 10598. 914-825-4606

Other emergency contacts Westchester Medical Center, Valhalla (Level 1 trauma) 914.493.7000 Poison Control Center 800.222.1222 Paraco LP Gas 914.737.2340 Verizon Repair 845.890.6611 Cablevision (Optimum) 914.962.4444 CVS 24-hour pharmacy, Peekskill 914.737.3728 PV Highway Dept. for downed trees on town roads 845.526.3333

Water emergency for those with no wells and connected to "camp water" Call Helen Brown at 845.528.5683

<u>Electricity emergency</u> Contact NYSEG at 800.572.1131 Facility Manager Bryan Jansen 914.356.9594.

History

The Three Arrows Cooperative Society was established in 1936 by a group from the Young People's Socialist Party that was looking to build a summer "paradise" away from the hubbub of urban life, to raise money for the socialist party, and to support the election of Norman Thomas as president. They pooled resources to begin an intentional community, and purchased 125 acres on Piano Mountain in Putnam Valley. A farm house provided lodging; a barn, a place for social activity; and Barger Pond, a venue for swimming, boating and socializing. There is much more to learn about our history, and we suggest that you take a look at the four Anniversary Books that can be located on our website (http://www.threearrowsco-op.net/members/pubs.html) or in our archives at <u>New York University's Tamiment Library.</u>

Three Arrows today

Initially bonded by a common ideology, Three Arrows, with its 75 home sites, remains progressive and has evolved over the decades into an active, modern summer and weekend cooperative. Alongside representatives of its founding families' fourth and fifth generations, our newer members and their families represent a wide and diverse group, constantly bringing new energy into the community. The members of Three Arrows Cooperative Society, through shared ownership, active participation, and cooperative management, are committed to sustaining a diverse, multi-generational community that is affordable and enjoyable for members and their families. We strive for social and environmental responsibility, and we share an appreciation of the values of participatory cooperative living for the betterment of ourselves and society.

Internal communication at Three Arrows

Information is distributed to Three Arrows members in several ways: email, a newsletter during the season (*The Voice of the Hill*), the website, and the whiteboard at the barn.

Website

The website, at <u>www.threearrowsco-op.org</u>, features an online calendar with info on all events.

<u>Email</u>

If you are staying alone in a house at Three Arrows for more than a few days, we suggest that you check if your host has submitted your email address to the Three Arrows webmaster. That will allow you to receive important information and updates through the <u>locals@threearrowsco-op.net</u> list serve. The Rental Committee has already submitted your name if you are renting one of the Three Arrows units. Please do not respond with the community email cc - if you want to respond with a message back to the sender. Note: with Three Arrows addresses, you can send any email to ".org" or ".net". Both work.

Our summer newsletter - The Voice of the Hill

The Voice of the Hill is a weekly community newsletter that is published in July and August, and the main source of information for all Three Arrows events and activities. Members are encouraged to submit articles and photos to the editor for publication in the newsletter. **DURING THE SUMMER 2020 IT WILL ONLY BE DISTRIBUTED ELECTRONICALLY. PLEASE BE SURE THAT YOU ARE SIGNED UP TO RECEIVE EMAILS SO YOU CAN GET A COPY.**

Responsibilities of the On-Site Facilities Manager

We employ a year-round on-Site Facilities Manager who lives in the original farmhouse at the foot of the hill. The Manager does a variety of tasks around Three Arrows to make sure that the facilities are in good working order. Renters or guests may <u>not</u> ask the Manager to perform any services or work on individual sites. The Manager is Bryan Janson, and his cell number (to be used in absolute emergencies only) is 914.356.9594.

How to Dispose of Recyclables and Trash at Three Arrows

Regular household garbage from June 1 to October 31

Three Arrows has a large garbage dumpster at the foot of Rochdale Road, slightly uphill of the barn. There are also smaller trash bins installed at five locations on Rochdale and Twin Pines Roads. Please do not put <u>any</u> recyclable materials in any of those bins.

Recycling

All recyclables must be disposed of in the large recycling bin at the foot of Rochdale Road. Fortunately, our contractor, Winters Brothers, offers single stream recycling which means that you can place glass, metal, plastic and paper together in the recycling bin. You don't have to separate paper from the other recyclables as you do in NYC.

Throwing upright cartons into the recycling bin wastes a lot of space. Please flatten, crush or rip up the cartons before tossing them in the bin. If it is hard to tear or cut up the cartons, try crushing them by standing or jumping on them.

Do not put plastic bags or plastic wrap in the recycling bin. These types of plastic can't be recycled. Therefore, if you carry your recyclables to the bin in a plastic bag, please empty the contents of the bag into the bin and throw the bag itself in the trash bin located next to the recycling bin. Alternatively, bring your recyclables to the bin in paper bag or in a reusable container you can take home for reuse.

Other important information related to garbage and recycling

Do not place furniture, construction debris, paint, computers or electronics, or any bulky/hazardous items in any of our containers.

Do not leave any bags, garbage, or other material on top of or next to the waste receptacles. If your garbage or recycling will not fit into a full container, take it back home with you, take it to a supermarket recycling center, or take it to your other home's garbage area, if possible.

Bulk drop off, hazardous waste, electronics, etc.

The town of Putnam Valley has a recycling and bulk drop-off center located at 265 Oscawana Lake Road. For more information on hours, fees, and what type of waste is accepted, call Town Hall at (845) 526-2121. To rent a dumpster for your site, contact Mid-Hudson Waste at (888) 643-4837.

The biodiversity and environmental health issues

In spite of the development happening all around it, Three Arrows retains a woodsy, rustic character. It is home to an abundance of wildlife, including deer, wild turkeys, squirrels, birds, chipmunks, snakes, and rabbits. The lake harbors fish, turtles, frogs, dragonflies, water bugs, and snakes.

For the health and safety of everyone at Three Arrows, it is very important to learn what poison ivy looks like, and to stay away from it at all times. Be sure to check for ticks daily, and know the symptoms of Lyme disease. The Three Arrows website has resources available about poison ivy and ticks in the Environment section at <u>http://www.threearrowsco-op.org/enviro</u>.

Three Arrows facilities

The Norman Thomas Social Hall, the Barn and the playgrounds are closed until further notice.

Waterfront

Three Arrows' private dock on the small freshwater Barger Pond is our center for socializing and water fun, with people of all ages enjoying covered and open seating, swimming in our two enclosed swimming areas, and exploring the lake via our rowboats and kayaks. The waterfront has lifeguards daily during July and August (hours vary but are posted on the dock). It is really important that you are aware that there are very clear rules for the dock. It is also important to obey all instructions from the lifeguards, and please be sure to introduce yourself and your guests to the lifeguards. The attached pdf's outline the special summer 2020 COVID-19 guidance and the waterfront rules (see the back of the booklet). As these guidelines will be updated periodically, please look out for "Official" waterfront communications that will come from the following address: **3arrowswaterfront@gmail.com**.

Tennis Courts

Our two clay tennis courts are located along the east side of Barger Street. First come first serve, but please make sure to adjust your playing time to the amount of people who seem interested in playing that day. Please brush the court surface after play and please also check the other tennis court rules as posted at the courts.

Ballfield

Off Tulip Lane is an open field for sports and recreation (e.g., picnics, camp-out nights), with a baseball diamond and locked shed containing field game equipment. Dogs may not be off leash anywhere in the

community. The shed with equipment cannot be used until further notice.

Parking _____

There are three public parking areas at Three Arrows. Adjacent to the barn is a large paved parking lot. Near the lake, at the end of Toad Lane, is a large parking area that is unpaved. Adjacent to the social hall is a small unpaved parking area; please note that this small lot is reserved for handicapped parking. We ask that you primarily use the large lake and barn parking lots rather than the small lot next to the social hall. Please note that none of the community parking areas are for long term parking of vehicles.

Regular summer programming and activities

PLEASE NOTE THAT MOST OF OUR ACTIVITIES THIS SUMMER ARE CURRENTLY CANCELLED. AS SOME OF THEM MIGHT TAKE PLACE AT A LATER POINT THIS SEASON – MAYBE IN A SLIGHTLY ADJUSTED FORMAT TO ALLOW FOR SOCIAL DISTANCING – WE HAVE INCLUDED THE FULL LIST FOR YOUR INFORMATION

During the summer season, member-led activities include weekly films, pot-lucks, schmoozes, yoga, movement, chorus, creative writing and craft workshops. And the summer's crescendo puts it all together in our traditional, member-written and -produced Labor Day Concert and Show. Informal groups, such as the book club, regularly meet throughout the year. After Memorial Day, the locations and times for all activities are published in the Three Arrows newsletter, *The Voice of the Hill*. The newsletter is available in the Barn mailroom and on our website. Notices and updates also appear on the whiteboard on the Barn and on the Three Arrows website: check http://www.threearrowsco-op.org/calendar.html.

Thursday night potluck outside the Social Hall

Each Thursday in July and August Three Arrows members gather at Norman Thomas Social Hall to enjoy good food and company at a potluck dinner. Members each bring a dish to share and their own plates, utensils, and beverages. Volunteers set up tables and chairs, and help clean up after. Soups, salads, pastas, and other delicious dishes are shared while everyone chats, and the kids play together on the lawn. The potluck is prelude to the film screening. Time: 6:30 p.m. **Cancelled until further notice**.

Friday night "Schmoozes" in the Social Hall

Each Friday night in July and August, the community gathers for an educational presentation by members and guests. Topics vary: programs have been given by fiction writers, philosophers, forest rangers, psychoanalysts, political activists, and thought leaders. Usual start time is 8:30 p.m. **Cancelled until further notice.**

Saturday Night Community Program in the Social Hall

Saturday nights in July and August are devoted to arts and entertainment; past seasons have featured jazz ensembles, square dances, magicians, karaoke, Balkan bands, poetry slams, and cabaret performances. Usual start time is 8:30 p.m. **Cancelled until further notice.**

Arts and craft workshops

The Arts & Crafts Committee puts together a robust calendar of workshops each weekend throughout the summer season. Pottery – in our own pottery studio – and painting, crafts, science for kids, and many other activities are offered. The schedule of activities appears in the newsletter at the beginning of the season, with updates provided weekly. **Cancelled until further notice.**

Baseball and other games

There is also a long-standing tradition of playing baseball and other games on Sunday mornings at the ball field on Tulip Tree Lane. Usual start time is 11 am. **Cancelled until further notice.**

<u>Chorus</u>

The Three Arrows Chorus meets each Saturday morning during July and August. All people who enjoy singing are invited. The chorus sings four-part arrangements of all genres - classical, folk, jazz, spirituals. All sopranos, altos, tenors and basses are encouraged to join. **Cancelled until further notice.**

Family activities

The Young Families Committee is organizing a number of annual kid-focused social events and activities. Please contact the chairs of the committee if interested in being part of this group. Look out for further information soon.

<u>Films</u>

In July and August, Thursday-night potluck is followed by a film screening at 8:00 pm. Look out for further information soon.

<u>Tennis</u>

The two Three Arrows tennis court are located near the waterfront area, just off Toad Lane. The courts are clay; players must brush the surface after playing.

Woodworking shop

The Three Arrows Woodworking Shop organizes workshops for both kids and adults. Look out for further information soon.

Yoga and movement classes

Two classes are offered by Three Arrows members on weekend mornings. Both take place in the Social Hall. Look out for further information soon.

The Year at Three Arrows – other season-specific activities

<u>The 4th of July Picnic</u>: The community gets together to celebrate our nation's independence with a cookout for ourselves and our guests that is 100% organized and staffed by members. Look out for further information soon.

<u>The August Grill</u>: A less organized version of the Picnic, members get together and grill communally, sharing a meal and conversation, followed by a sing-along. Look out for further information soon.

<u>The Labor Day Show</u>: This member-written, -produced, -directed and -performed musical comedy show has been a highlight of the calendar for decades. **Cancelled this year, but other Labor Day activity may replace the show.**

Governance

The Three Arrows community is governed by a volunteer Board of Directors and various committees. The volunteer committee members oversee facilities, roads, social activities, workshops, educational "schmoozes," arts and crafts, tennis courts, and the waterfront. During your stay you might be in need to contact with one of the following committees:

Waterfront

Members of the community who enjoy spending time at the waterfront work together as a team to: supervise

lifeguards, their schedules and duties; oversee the waterfront's daily needs, including swimmer and boater safety; periodically arrange for water quality testing; prepare an annual budget request to accommodate lifeguard salaries and waterfront supplies; and review the waterfront rules yearly to make recommendations for change, if needed. Contact: **3arrowswaterfront@gmail.com**

Arts and Crafts Committee

This committee arranges and runs workshops in various areas of art and crafts. Many workshops are presented by Three Arrows members. Others are given by experts hired by this committee. Contact: visual@threearrowsco-op.org

Education

The Education Committee is responsible for planning and organizing our Friday night schmooze series as well as occasional daytime interactive events. Committee members help to secure speakers, set up the social hall and organize refreshments for schmoozes. The committee meets as needed and may meet during the off-season for planning purposes. Contact: education@threearrowsco-op.org

Environmental Health & Safety

Garbage, garbage, garbage. This committee oversees trash removal and recycling at Three Arrows. EHS also contracts with our porta-san vendor. Additionally, the committee oversees the septic systems in the community, and monitors issues of environmental health and safety that affect the entire community, such as use of pesticides in common areas. The committee meets regularly over the Three Arrows season and welcomes new members in our common cause to protect our environment. Contact: healthsafety@threearrowsco-op.org

Social Committee

In addition to organizing Saturday night entertainment for the summer season, committee members help plan and administer the Fourth of July BBQ, the bonfire and the Labor Day Show festivities. Committee members each oversee set up and break down of at least one Saturday night entertainment, and provide hospitality and a welcome for performers, as needed. The committee meets once or twice in the late winter/early spring to plan the season's entertainment, and occasionally during the summer. Contact: social@threearrowsco-op.org

Sports and Recreational Activities

The Committee is responsible for the maintenance of our tennis courts, baseball diamond and playground, and schedules some activities involving them. The committee meets infrequently, but welcomes new members with new ideas. Contact: **sports@threearrowsco-op.org** and **tennis@threearrowsco-op.net**

Young Families Committee

The committee involves the parents of young children under 14 years of age, and organizes different kid-focused activities for members with children or grandchildren. Contact: **youngfamilies@threearrowsco-op.net**

Beyond Three Arrows

Libraries, banks, post office, and laundry

Laundry

Wash & Dry Galleria 1342 East Main Street Shrub Oak 914-526-9433 Bryant Pond Laundry and Dry Cleaners 78 Secor Road Mahopac 845-628-8200

Post Offices

US Post Office / Jefferson Valley 3652 Lee Road 914-245-5705 US Post Office / Shrub Oak 1350 East Main Street 914-528-9274

<u>Banks</u>

TD Bank 3660 Lee Road Jefferson Valley 914-245-1132 Wells Fargo 1342 East Main Street Shrub Oak 914-528-7007 Emigrant Savings Bank 1753 East Main Street Lake Mohegan 914-528-3500 Chase Bank 720 Lee Boulevard Yorktown Heights 914-245-0540 Putnam County Savings Bank 3649 Lee Road Jefferson Valley 914-243-7272

<u>Libraries</u> Mahopac Library 668 Route 6 Mahopac, NY 10541 (845) 628-2009 Putnam Valley Free Library 30 Oscawana Lake Road Putnam Valley, NY 10579-3009 John C. Hart Memorial Library, 1130 East Main Street Shrub Oak, NY 10588-1437 (914) 245-5262

Sightseeing and activities

PLEASE CONTACT THE PLACES LISTED BEFORE YOU VISIT. MANY OF ARE STILL CLOSED, OR WILL OPERATE WITH LIMITED HOURS.

Surrounding Three Arrows are beautiful landscapes, historic homes, hiking areas and nature preserves, and lots to see and do. Below are a few ideas. For more sightseeing suggestions, including links and info, visit our website, <u>http://www.threearrowsco-op.org/area.html</u>

Boscobel House and Gardens

http://www.boscobel.org 1601 Route 9D Garrison, NY 10524 845-265-3638 Situated on a bluff on the east bank of the Hudson River, Boscobel House & Gardens offers views of the river and the Hudson Highlands. Boscobel House is regarded as one of the finest examples of Federal architecture in the country. It contains an extensive collection of Federal-period furniture and decorative arts.

The Hudson Valley Shakespeare Festival (on the grounds of Boscobel)

The Hudson Valley Shakespeare Festival is a non-profit professional theater company based at Boscobel in Garrison, New York. The festival runs a roughly twelve-week repertory season each year, operating under a large open-air theater tent. https://hvshakespeare.org/

<u>Trinity Cruises</u> Boat tours on the Hudson River with departure from Peekskill Marina <u>https://www.trinitycruises.com/</u> <u>Chuang Yen Monastery</u> Buddhist monastery situated on over 200 scenic acres <u>https://www.baus.org/en/</u>

Shopping

<u>Groceries</u> DeCicco's 3651 Lee Road Jefferson Valley 914-245-1262 Acme 1366 East Main Street Shrub Oak 914-528-1081 Stop & Shop Somers Commons, Route 6 Baldwin Place 914-628-5602 ShopRite 3140 E Main Street, Mohegan Lake (across from Cortland Town Center) 914-737-4335 Turcos 380 Downing Drive Yorktown Heights 914-243-9100

Members-only warehouse stores

BJ's 3303 Crompond Road Yorktown Heights 914-734-9700. BJ's offer discounts on bulk purchases..

Malls nearby

Jefferson Valley Mall: 650 Lee Boulevard Yorktown Heights 914-245-4688. This mall includes many stores, including LensCrafters, H&M, Macy's, Sears, the Gap, hair salons, and a food court.

Cortlandt Town Center East Main Street/Route 6 Mohegan Lake. This shopping area includes a movie theater, post office, and a Walmart, Marshalls, Best Buy, Modell's, Old Navy, Michaels, Pier One, Applebee's, Panera Bread, Barnes & Noble, A&P, Home Depot, Bed Bath & Beyond, and many others.

Somers Commons: Intersection of Route 6/Route 118 Baldwin Place. This shopping plaza includes Stop & Shop, Sleepy's, HomeGoods, Goodwill, Cold Stone Creamery, Learning Express, Chili's, Radio Shack, New York Sports Club, and more.

<u>Farmers' markets, farm stores and places to pick your own fruit and vegetables</u> There are numerous farmers' markets in the summertime. A few are listed here, and many more can be found online at <u>http://www.visitputnam.org/activities/farmers.</u>

Putnam Valley Farmers' Market offers produce, fresh breads, local Putnam wine, Amish cheeses, artisanal olive oil, spreads and sorbets, organic produce, plus a variety of baked goods and candies.

Fable Farm is a farm and food hub dedicated to sustainable agriculture. The farm store is open on weekends and can be found just off the Taconic Highway. A great place to stop on your way to Three Arrows to shop up on artisan sourdough bread, eggs, and organic vegetables. During the summer 2020 you will have to order your seasonal produce online on Thursdays, and will then be provided with a time to pick up the following Saturday or Sunday. <u>http://fablefoods.com/</u> 1311 Kitchawan Road (Route 134), Ossining, NY 10562

Barton Orchards is a farm activity center where you can pick your own fruit and vegetables, and enjoy hot dogs, funnel cakes, live bands, a corn maze, and a small petting zoo. It is approximately 30 minutes' drive from Three Arrows. <u>https://bartonorchards.com/</u> 63 Apple Tree Lane, Poughquag, NY 12570.

Baldwin Place Farm is a farm stand that sells everything from Christmas trees in the winter, to fresh and local fruits and vegetables in the summer. 51 Route 6, P.O. Box 3, Baldwin Place New York, 10505. 845 629 9084

Bagels

JV Hot Bagels - 1 Lee Boulevard, Jefferson Valley, NY. 914-962-0259

Dining

MOST OF THE RESTAURANTS LISTED ARE CLOSED UNTIL FURTHER NOTICE, BUT SOME OFFER TAKE-OUT

Bangkok Spice - Thai cuisine, 1161 East Main Street, Shrub Oak, NY 10588. 914-245-3690

The Bean Runner Café – sandwiches, salads, coffees, 201 S. Division & Esther Street, Peekskill, NY. 914-737-1701

Benveneto - pizza, 35 Secor Rd, Mahopac, NY 10541. 845-628-0773

- Char Steak House 151 Bryant Pond Road, Mahopac, NY 10541. 845-526-1200
- Hanada Hibachi Japanese and hibachi, 1889 East Main Street, Yorktown, NY 10547. 914-526-3370

Holy Smoke - barbecue, extensive beer menu, 241 Route 6N, Mahopac, NY 10541. 845-628-9795

Jewel of Himalaya – 34 Triangle Center, Yorktown Heights, NY 10598. 914-302-2886

Kings Buffet – Asian buffet style, 2050 E Main St, Pike Plaza, Cortlandt, NY 10567. 914-739-3913

Little Cabin Sandwich Shop - salads, sandwich, bowls, 3787 Crompond Rd, Cortlandt, NY 10567

Marnie's Asian Kitchen - pan-Asian cuisine, noodles, 64 Pudding Street, Putnam Valley, NY. 845-603-5055

Mohegan Diner –1880 E Main St, Mohegan Lake, NY 10547. 914-528-2585

Olympic Diner – 195 Route 6, Mahopac, NY 10541. 845-628-0876

Peter Pratt Inn - 673 Croton Heights Rd, Yorktown Heights, NY 10598. 914-962-4090

Real TX smoked BBQ – authentic simple barbeque, 2741 Route 9 Cold Spring, NY 10516. 845-809-5557

The Terrace Club – on Lake Mahopac, 825 South Lake Blvd., Mahopac, NY 10541. 845-621-5200

Wild Fusion – Asian sushi and grill, 1922 E Main St, Mohegan Lake, NY 10547. 914-528-8888

Three Arrows Cooperative Society 2020 Waterfront Regulations for Members and Guests

Lifeguards are on duty during the following designated hours only:

June	1:00 to 6:00 PM weekends
July and August	1:00 to 6:00 PM weekdays; 12 to 6:00 PM weekends
September	TBA

Follow all lifeguard directives. Lifeguards have final authority for enforcing regulations. The following rules apply during lifeguard hours:

Dock Safety

1) Immediate attention must be paid to all instructions given by the lifeguards.

Short Whistle Blast:	Stop and Look at Lifeguard
Two Whistle Blasts:	Clear Area, Get Out of the Water

- 2) In an emergency, all boaters and swimmers will be directed to leave the water.
- 3) The lifeguards will clear the dock during electrical storms; Swimmers must wait 30 minutes to return to the dock after each audible clap of thunder.
- 4) Children are the responsibility of their parents--on the dock, in the water, and in boats.
 - a) Children under age 12 must be actively supervised by an adult.
 - b) Children in the small crib must be continuously supervised by an adult in the crib area.
- 5) Members should introduce their guests to the lifeguards, and arrange for lake tests for those under 16.
- 6) Alcoholic beverages are not allowed on the dock.

Swimming and Diving

- 1) The lifeguard must be satisfied with the competence of all swimmers and may require the lake test of anyone using the Three Arrows waterfront.
 - a) Everyone under age 16 must pass the lake test before being allowed to swim in the lake.
 - b) Swimmers over age 12 who have passed the lake test in 3 seasons are not required to take the lake test, *with parental and lifeguard approval*. Guests under 16 must take the lake test each year.

- 2) Swimmers must remain inside the roped-off area. Diving into the cribs is prohibited.
- 3) Diving into the roped-off area is permitted from the dock and the raft when the water is not crowded.

Boating (Including private boats)

- 1) All boaters must wear life vests.
- 2) Standing in or swimming from boats is prohibited.
- 3) Boats are not permitted in swimming area.
- 4) Number of persons per boat: Kayak: 1; Rowboat: up to 4; Canoe: up to 3. Lifeguards may limit the number of people in a boat, including privately owned boats, for safety reasons.
- 5) Boats must remain visible to the lifeguard at all times.

Swimming the Lake

- 1) Swimmers may swim across the lake if:
 - a) Permission has been obtained from the lifeguards.
 - b) They are escorted by an experienced boater in a rowboat, kayak, or paddleboard
 - c) The escort craft must carry a spare life vest(s) for each swimmer.
 - d) Each boat may escort 2 member swimmers. Swimmers must remain in close proximity to the escorting crafts.
 - e) Swimmers escorted by a kayak or paddleboard must be trained in how to rest on the respective craft.
 - f) No more than 6 swimmers may swim outside the ropes at any given time.
 - g) Swimmers under age 16 must demonstrate that they can swim 30 consecutive laps, and have parental and lifeguard approval.

Dock Rules – Apply at all times, whether or not lifeguard is on duty

- 1) Dogs and other pets are not allowed on the dock at any time of the day.
- 2) Fishing is permitted only from the fishing dock by the lifeguard chair.
- 3) Members are responsible for cleaning up after themselves.
 - a) If you open an umbrella, close it when you leave

Address questions or problems to a member of the Waterfront Committee STAY SAFE AND HAVE FUN!!!

Waterfront COVID Guidelines – Summer 2020

In effect: May, 24, 2020

On the Dock:

- Wear a mask (optional for children 6 and under).
- Maintain social distancing (min. 6 feet) among non-family members
- Use hand sanitizer when arriving on the dock (Community will try to maintain a supply but people are encouraged to bring their own.)
- Up to 25 people on the dock at one time, depending on the ability to maintain social distancing.
 - o If people are waiting, those who have been on the dock for longer than an hour should leave to make room for others. Observe FOFO – First On, First Off.
- Do not sit, sun or congregate near the swim ladders or boats.
- GUESTS: Members are encouraged to be thoughtful about the number of guests they bring to the dock, particularly during peak hours.
- GANGWAY: Maintain social distance and only one individual/party at a time.

S<u>wimming</u>:

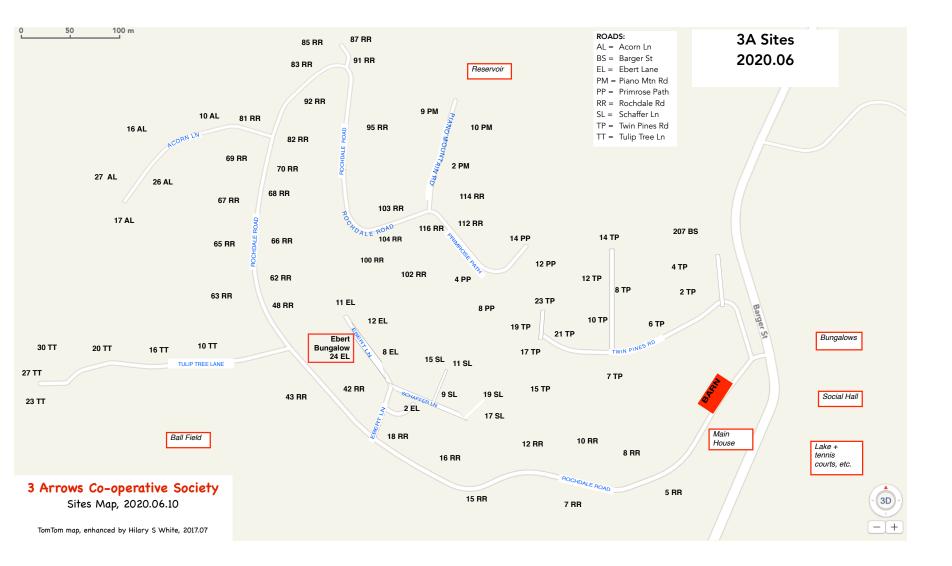
- When in the water, stay at least 6 feet apart from non-family members.
- BABY CRIB: Only 1 family at a time in the crib area. Those watching children may ask people on the other side of the bench to relocate.
- BIG CRIB: Only 2 families at a time. Those watching children in the crib have priority for the benches/storage lockers.
- RAFT: Only 1 family or 2 individuals at a time.
- Noodles, kickboards and toys will not be provided. Items left on the dock may be discarded.

<u>Boating</u>: Community boats are not available until further notice.

- When on the dock, boaters should wear masks and maintain social distancing.
- All boaters are required to wear lifejackets.
- Lifeguards will not assist boaters into or out of boats.
- Lifeguards have the authority to prohibit people from taking out boats (private and community) if they lack lifejackets or if, in the guard's opinion, the boaters pose a risk to themselves or others.

In case a conflict arises, contact the Waterfront Ombuds, Sharon Bromberg at 914-391-6874.

These guidelines will be updated as the situation develops.



PLEASE FILL OUT THE FOLLOWING FORM

Welcome to Three Arrows!

Everyone occupying a Three Arrows house when the member is absent, including children of Members, who is a Member, is asked to submit the following information to help us manage Three Arrows during this COVID 19 pandemic:

Three Arrows House address:

Name of person whose house you will be occupying:

Name of all occupants plus age of children (if any):

Cell phone:

1)

2)

Email:

Home address:

Dates of stay:

<u>I have received and read the Three Arrows "Guide for Renters & Other</u> <u>Temporary Occupants" and will comply with all Three Arrows rules and</u> <u>regulations</u>

Signed by occupant

Please return this signed acknowledgement to:

Sylvia Ripps at <u>Sylviaripps1@gmail.com</u>

Additional copies of the "Guide for Renters & Other Temporary Occupants" are available in the mailroom.

We hope you have a great stay!